



# BAIA DEL SOLE

CHIC CALABRIA

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
10.30 am		Fitness for kids				Fitness for kids	
11.00 am		Mat Pilates class	Mat Pilates class	Mat Pilates class	Mat Pilates class	Mat Pilates class	Mat Pilates class
05.00 pm		Mobility & Stretching	Mobility & Stretching	Mobility & Stretching	Mobility & Stretching	Mobility & Stretching	Mobility & Stretching

The meeting point is the gymnasium