



BAIA DEL SOLE

CHIC CALABRIA

ORA	LUN	MAR	MER	GIO	VEN	SAB	DOM
10.30		Fitness for kids				Fitness for kids	
11.00		Mat Pilates class	Mat Pilates class	Mat Pilates class	Mat Pilates class	Mat Pilates class	Mat Pilates class
17.00		Mobility & Stretching	Mobility & Stretching	Mobility & Stretching	Mobility & Stretching	Mobility & Stretching	Mobility & Stretching

Il punto di ritrovo è la palestra