

# IL FALCONIERE THESAN SPA

The THESAN SPA, has the goal of reawakening all your senses through the harmony of the environment and the flavours and tastes of Tuscany. Being in touch with nature will become the best way to relax: the colours, the reflections and the sound of water, the aromas and the harmony of the surrounding vineyards will catch your soul. Enjoy the picturesque view of the Tuscan countryside in Relax Area surrounded with a magic of the fireplace, waiting for your treatment. With the exclusive partnership of Officina Profumo Farmaceutica Santa Maria Novella, we have developed methods and protocols for Rituals, massages, and beauty treatments, which are truly multi-sensory journey.

## SALUS PER VINUM

The grapes, their leaves and wine have extraordinary antioxidant properties and can have beneficial effects on skin, circulation, forms of stress and skin ageing. Grapes and wine, must and grape seeds from the Riccardo Baracchi vineyards, obviously the best berries go into the bottle but their richness goes beyond wine and is transformed into creams for massages and treatments, or extracts for a relaxing bath immersed in wine.

**DIVINANDO, Antioxidant Bath** 40m € 100

Revitalizing and tempting therapy for a couple. Immersion in a beautiful copper tub filled with hot water, Baracchi wine, and a concentrate of grape juice with antioxidant revitalizing, skin softening properties. The experience includes a glass of Baracchi red wine.

**DI WINE NOTES Revitalizing massage** 50m € 135

This massage is reminiscent of the beauty within the Tuscan hills as the warm, rich fragrance of Baracchi wine envelops your senses. An oil blend of grape extracts improves circulation, leaving your skin revived, rejuvenated and glowing from head to toe.

**TUSCAN VINEYARDS** 2h30m € 270

Exciting and involving Rituales to enjoy alone or in couple. A gentle exfoliation with Grape seeds above a fragrant and relaxing bath, for mineralize skin. The massage comes with Note Divine oils, designed to improve circulation, restore balance, and leave skin revived and luminescent from head to toe. The relax and the Baracchi wine testing will complete this inebriant moment.

## BODY RITUALS

**LAVANDER, Purifying** 50min € 135

Sea Salt and Tuscan Lavader combine with Extra Virgin Olive Oil to provide this skin softening, nourishing and conditioning body treatment. As the Sea Salt gently removes dry and dead cells, the infused Olive Oil and Lavander help to retain a layer of natural moisture on the skin to protect and prevent dehydration.

**CYPRESS, Oxygenate** 50min € 135

This scrub uses Tuscan cypress nut to exfoliate and oxygenate the skin while eliminating impurities, followed by an application of Tuscan cypress oil to hydrate and nourish the skin. The restorative exfoliation leaves the skin perfectly smooth and hydrated.

**ROSMARY Firming** 50min € 135

To renew and invigorate body's skin, this treatment uses salt and Rosemary powder associated with olive oil. Sea salt promotes skin exfoliation and renewal, while olive oil and Rosemary infusion helps to nourish and to deeply renew it.

**IRIS rebalancing** 1h20m € 200

Exfoliating massage with IREOS powder and iris oil. The result is a silky skin and a sensation of serenity. Tension is eliminated for your complete fulfilment.

**BODY DERMOPEELING Body Exfoliation Treatments** 50m € 135

A specific Professional Treatment which, thanks to its balanced content of perfectly spherical microparticles, promotes an effective exfoliating action. The synergy between mechanical and chemical exfoliation, thanks to the presence of Fruit Acids, allows for a deep and homogeneous removal of the superficial layer of the skin.

**ANTI-AGING BODY TREATMENT** 1h20m € 220

A Professional Experience ideal to fight body stretch marks and loss of tone in localised areas. Stretch marks, considered subcutaneous strains, are progressively repaired thanks to the effect of Vitamin C, which has a healing and stimulating effect on Collagen. The synergy of Fruit Acids improves the quality of your skin by making it more elastic and oxygenated.

**SHAPING BODY TREATMENT** 1h20m € 220

This is a complete treatment that in addition to increasing the oxygenation of the tissues, visibly improves the elasticity of the skin and maintains an optimal state of hydration. Thanks to the presence of several Brown Algae, it performs a deep and powerful draining and stimulating action, supplying Vitamins and Mineral Salts essential for maintaining a healthy and firm tissue.

## MASSAGES

**RELAX** 30m € 80 50 m € 135

This massage concentrates on key stress such as neck, shoulders and back to ease away stress, leaving you feeling deeply calm and relaxed.

**DEEP TISSUE** 30m € 80 50 m € 135

Myofascial massage acts deeply on muscles and connective tissues. The therapist works on the accumulation of collagen fibers due to muscle strain, tensions, or incorrect physical posture.

**HARMONY LUX** 30m € 80 50 m € 135

The candle sweet massage with the different fragrances is a concentration of wellness for body and mind. The beneficial action of heat relaxes the muscles and frees them from contractures. The vegetable oils and butters that glide on the skin moisturize and nourish it, making it smoother and velvety

**TAILORED** 30m € 80 50 m € 135

Specific, focused, energetic, intense or relaxing massage – tailored according to individual needs or desires – to bring the body into a perfect state of well-being

**THE 4 SEASONS IN TUSCANY** 30m € 80 50 m € 135

Not just a body massage but a real experience for your senses. Relaxing skills associated with your own synergy choice, will create for you a real well-being and serene atmosphere. Synergies of the 4 Seasons are mixed with sweet almond oil to nourish and moisturize skin.

### SPRING, REGENERATES

Floral fragrance regenerates body and soul, relieves emotions and awakes your senses.

### SUMMER ENERGIZING

Citrus fruit fragrance strengthens body and mind, evacuating stress, and tiredness

### AUTUMN REBALANCING

Spicy fragrance restores psychophysical equilibrium and harmony.

### WINTER, RELAX

Fruit Fragrance relaxes body and mind to get a real well-being time

## RITUALES SIGNATURE

## BENESSERE IGP

The olive tree has had an exclusive role in the Tuscan tradition for centuries. In recognition of this, the Thesan Spa at Il Falconiere offers a unique and unforgettable treatment with three natural and delicate ingredients created by Officina Profumo Farmaceutica di Santa Maria Novella.

**OLIVANDA nourishing purifying body Scrub** 50m € 135

Sun-dried Sea Salt and Tuscan Lavader combine with Extra Virgin Olive Oil to provide this skin softening, nourishing and conditioning body treatment. As the Sea Salt gently removes dry and dead cells, the infused Olive Oil and Lavander help to retain a layer of natural moisture on the skin to protect and prevent dehydration.

**ELEIVA relaxing, firming body massage** 50m € 135

The biological extra virgin olive oil treatment is especially suited for dry or dehydrated skin and uses a selected "liquid gold" that comes from the Tuscan hills, applied and massaged by expert hands to improve the elasticity of skin, which will immediately look more tonic, compact and bright.

**ELEIVAS nourishing purifying anti-age Rituales** 2h30m € 280

Beginning with a relaxing lavender water ritual, this Treatment combines the natural 'anti-oxidant' benefits of our Extra Virgin Olive Oil with Mineral Sea Salts for a full body exfoliation to smooth and soften the skin. Local Tuscan Lavender is infused in warmed Olive Oil massage and rich moisturizing face treatment, relaxes the body and mind in a most luxurious and nourishing way.

## FACE RITUALS

**ELISIR Recommended for all types of skins** 50 m € 130

A delicate exfoliation with apricot scrub, before a fantastic brightening mask based on the powder "Polvere per Bianchire le carni di Officina Profumo- Farmaceutica di Santa Maria Novella". Skin will be visibly purer, brighter and more moisturized.

**AQUA Hydrating treatment, specific for dry skins** 1h € 140

A specific treatment, targeted to keep the correct level of daily hydration to the skin. The synergy of different Fruit Acids promotes cellular turnover and guarantees an optimal penetration of active ingredients. Thanks to Hyaluronic Acid it keeps the correct level of hydration and protects the skin from oxidative stress and inflammations

**UNICA Specific treatment for skin ageing and loss of tone** 1h15min € 160

A treatment that works 360° on skin ageing. The antioxidant power of pure and stabilized Vitamin C combined with AHA/BHA's ensures brighter and firmer look. Thanks to its nourishing and bio-activating botanical extracts it will reduce signs of ageing providing a perfect hydration. It reduces the appearance of discolourations, giving the skin a brighter and younger look.

**ILLUMINA Specific treatment for hyperpigmentation** 1h15min € 160

It promotes cell renewal, fighting hypercromia and aging. The exfoliating action of Fruit Acids guarantees a gentle exfoliation by removing the cells rich in melanin that lies on the skin surface. It also guarantees an anti-ageing action by stimulating the correct cellular turnover and producing new Collagen fibers.

**COMFORT Treatments specific for sensitive skins** 1h € 140

A specific treatment for easily dyable skins which suffer of couperose. The synergy of the products used provides an intense vasoprotective and anti-inflammatory actions, that stimulates cell functions. Skin will result hydrated, nourished, and decongested.

## BEAUTY RITUALS

**MANICURE Classic** € 35

Traditional hand treatment includes a soft scrub with the Iris powder.

**MANICURE luxury ritual** € 60

This luxury manicure is a complete experience for the hands. It begins with an exfoliation, which is followed by an emollient mineral hand soak. An anti-ageing serum is applied to improve skin tone, followed by a hand massage with a Pasta di Mandorle cream to protect and soften the skin. As a finishing touch, a polish application completes the hand experience.

**PEDICURE Classic** € 55

Traditional foot treatment includes a soft scrub and a foot bath based on salt with pomegranate extracts Santa Maria Novella.

**PEDICURE luxury ritual** € 85

Luxurious ritual for feet which includes an exfoliation, a warm pomegranate bath, and a massage with essential oils synergy from your own choice. Foot cream Santa Maria Novella will make you feel an immediate relief.

**WAXING** from € 20to € 70

A soft exfoliation and delicate rose vaporization calm and refresh skin to prepare it for depilation. Applying a moisturizing balm will complete treatment and make legs soft and smooth.



## HOW TO SPA

**SPA OPENING HOURS** 10.00am – 1.00am 2.00pm – 8.00pm call 209 0 240 for info Or Bookings.

**SPA ETIQUETTE:** We advise that you book your treatments well in advance to ensure you are able to secure the treatment times you need. For non-resident bookings, we will require your full address, telephone number and debit or credit card details to reserve your treatments.

**CANCELLATION:** Notification of cancellation is required 24 hours in advance of your appointment for resident guests and 48 hours for non-resident guests. Failure to cancel a booking will result in the full treatment charge being implemented.

**HEALTH ADVICE:** All treatments are booked subject to medical status. Before having your treatments, it is important for us to know if you are pregnant or have undergone recent surgery, we also need to know about any medical issues. Please let us know at the time of booking so that we can ensure that the treatments are suitable for your situation.

**AGE RESTRICTIONS** The Spa & treatments are only available to guests of 16 years and over.

**TIMING** We advise you to arrive for your first appointment 15 minutes ahead of time to allow yourself the opportunity to complete your health questionnaire and relax before your treatment. If you are late, your treatment time may be shortened and the same treatment price will apply. To make the most of your treatment you are welcome to take time to relax and relaxation areas

**MOBILE TELEPHONES** For courtesy to all our Spa guests, we appreciate you leaving your mobile phone switched off in your locker.

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