

# Garden Lunch

by

SANTAGRUEI

Piatti disponibili tutti i giorni dalle 12.30 alle 14.30  
Available everyday from 12.30 am to 2.30 pm

## TARTARE & CARPACCI

- Tartare di manzo, pane integrale e mousse di gorgonzola** €20.00  
*Tartare of beef with cerel bread and gorgonzola cheese mousse*
- Tartare di gamberoni, avocado ed emulsione all'ananas** €20.00  
*Prawns tartare, avocado and pineapple emulsion*
- Cilindro di salmone Gravlax, mela verde e panna acida** €18.00  
*Gravlax salmon, green apple and sour cream*

## FOOD

- Focaccia olive e pomodorini** - Focaccia with olives and cherry tomatoes €6.00
- Panzanella croccante** - "Panzanella" salad €12.00
- Polpo burger (zucchine & popo dalla griglia, spuma di avocado e pomodoro secco sott'olio)** - Octopus burger (zucchini & octopus from the grill, avocado foam & sundried tomatoes) €16.00
- Insalata nizzarda** - Nicoise salad €14.00
- Caprese di bufala ai 3 pomodori** - Caprese salad (mozzarella and 3 kind of tomato) €12.00
- Prosciutto di Norcia e melone** - Raw Norcia ham with melon €12.00
- Club sandwich** - Club sandwich €12.00
- Spaghetti alla 'chitarra' con San Marzano fresco, stracciatella di burrata e basilico** - Fresh eggs Spaghetti with cherry tomatoes, burrata cheese and basil €12.00
- Tagliata di frutta fresca** - Sliced fresh fruit platter €8.00

## DRINKS

- |   |                                  |
|---|----------------------------------|
| <b>Acqua Minerale 0.5l</b> - €2.00      | <b>Succhi di frutta</b> - € 3.00 |
| <i>Mineral water 0.5 lt</i>             | <i>Fruit juice</i>               |
| <b>Acqua Minerale 0.75l</b> - €3.00     | <b>Caffè shakerato</b> - € 3.00  |
| <i>Mineral water 0.75lt</i>             | <i>Iced coffee</i>               |
| <b>Vino bianco al bicchiere</b> - €5.00 |                                  |
| <i>Glass of white wine</i>              |                                  |
| <b>Vino rosso al bicchiere</b> - €6.00  |                                  |
| <i>Glass of red wine</i>                |                                  |
| <b>Bibite gassate</b> - €3.50           |                                  |
| <i>Soft Drinks</i>                      |                                  |

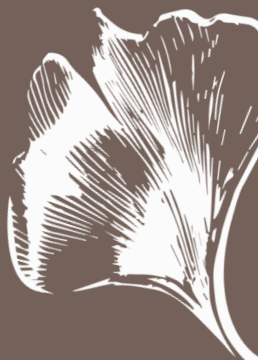
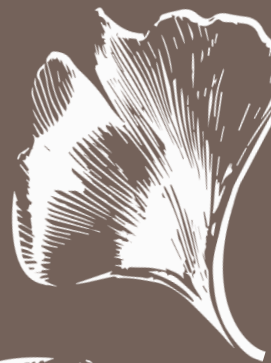
## BIRRE / BEERS

Nazionali/Estere 33cl €4.00

## **NEW!** BIRRE ARTIGIANALI UMBRE

LOCAL CRAFT BEERS

Birrificio Birra Perugia €7.00



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SANTAGRUEL

**GELATI ARTIGIANALI**  
ARTESANAL ICE CREAM

€ 6

**FRULLATI - SMOOTHIES**

€ 7

**Solo frutta e verdura senza zuccheri aggiunti**  
*Only fruit and vegetables no added sugar*

**Berry Go Round - Stress busting**

Lampone, Fragola, Mora – *Raspberry, Strawberry, Blackberry*

**Pash'n Shoot - Vitaminic C Source**

Frutto Della Passione, Ananas e Mango – *Passion Fruit, Pineapple, Mango*

**Melon Refresher - Super Hydrating**

Mango, Melone e Fragola – *Mango, Melon, Strawberry*

**Strawberry Split - Our Best Seller**

Fragola e Banana – *Strawberry and Banana*

**Grape Escape - Rich in Anti-Oxidants**

Uva, Fragola, Banana e Mirtillo – *Grape, Strawberry, Banana, Blueberry*

**Big 5 - Energy**

Ananas, Mango, Kiwi e Fragola – *Pineapple, Mango, Kiwi, Strawberry*

**Son Of A Peach - Summer**

Pesca e Fragola – *Peach, Strawberry*

**Tropical Colada - Exotic**

Banana, Cocco, Ananas – *Banana, Coconut, Pineapple*

