

METROPOLE  
SPA&WELLNESS

orario di apertura  
tutti i giorni 11.00 – 21.00

prenotazioni  
prego contattare  
concierge@hotelmetspole.com  
0039 0415205044  
dalla camera  
382

policy di cancellazione  
entro il giorno precedente:  
addebito 50%  
il giorno stesso  
o in caso di mancato arrivo:  
addebito 100%

*opening hours*  
everyday 11.00 am – 9.00 pm

*reservations*  
please contact  
concierge@hotelmetspole.com  
0039 0415205044

*from your room*  
382

*cancellation policy*  
within the day before: 50% charge  
on the same day or in case  
of no show: 100% charge



SPA & WELLNESS

**METROPOLE**

VENEZIA

Le proprietà rilassanti dell'acqua  
e l'energia vibrante dell'oro per favorire  
il benessere di anima e corpo

La Spa del Metropole, un luogo avvolgente  
e d'ispirazione orientale dove vivere  
un'incredibile esperienza tra lumi di candela,  
essenze intense e vapori caldi

#### METROPOLE SPA&WELLNESS

ad uso esclusivo  
1 ora 30 minuti  
€ 200 per 2 persone

#### SALUS PER AQUAM –

##### LA PISCINA E I BENEFICI DELL'ACQUA CALDA

Una piscina intima, ma scenografica dove immergersi  
per godere delle proprietà rilassanti dell'acqua calda  
e abbandonare le tensioni

##### HAMMAM

L'Hammam, bagno di vapore caldo alle essenze pregiate,  
rigenera la pelle che acquisisce luminosità e tonicità  
anche grazie all'uso del tradizionale sapone nero

##### DOCCIA CON CROMOTERAPIA

Un percorso multisensoriale per il benessere  
della mente. La variazione di temperatura e l'intensità  
dei getti d'acqua aiutano a riattivare l'organismo

##### CASCATA DI GHIACCIO

Una vasca raccoglie il ghiaccio a cui attingere  
per favorire lo scambio termico dopo l'Hammam  
ed ottenere un effetto rinvigorente

##### IL FUOCO E LE SUE FIAMME

A scaldare l'atmosfera, fiamme calde  
per conciliare il riposo, rasserenare la mente  
ed invitare alla meditazione

*The relaxing properties of water and  
the vibrant energy of gold to encourage  
the well-being of body and soul*

*The Metropole Spa is an enveloping  
and Oriental-inspired place where to live  
an incredible experience between candle  
lights, intense essences and hot vapors*

#### METROPOLE SPA&WELLNESS

exclusive use  
1 hour 30 minutes  
€ 200 per 2 persons

#### SALUS PER AQUAM –

##### THE WARM WATER POOL

*An intimate but scenic warm water pool where  
you can enjoy the relaxing properties of water  
and release tensions*

##### HAMMAM

*The Hammam, a hot steam bath with precious essences,  
invigorates and regenerates. The skin acquires brightness  
and tone also thanks to the use of the traditional black soap*

##### SHOWER WITH CHROMOTHERAPY

*A multisensory path that positively encourages the  
well-being of the mind. The change in temperature and  
the intensity of the water jets help to reactivate the body*

##### ICEFALL

*Particularly recommended to complete the ritual after  
the Hammam, the ice fall allows to experience  
an ancient ritual; the ice on the skin revitalizes tissues  
and re-activates circulation*

##### FIRE AND FLAMES

*To warm the atmosphere, hot flames to reconcile rest,  
calm the mind and invite to meditation*

# MASSAGES, TREATMENTS & RITUALS

## SPA & MASSAGE

Exclusive spa and personalised massage

A moment of pure relaxation, thanks to a massage with aromatic oils and a spa path including a hammam with perfumed essences and black soap, a warm pool with water jets, a sensory shower and an ice cascade.

€ 350 for 2 persons – 1 hour 30 minutes

€ 290 for 1 person – 1 hour 30 minutes

## MASSAGE WITH ORIENTAL TECHNIQUES

Back, neck and shoulders

Back, neck and shoulders

Release muscle tension through Thai techniques, hot towels, cupping to improve circulation and the harmonic frequencies of Tibetan bells to balance the chakras.

€ 180 per person – 50 minutes

## RELAXATION WITH HOT AROMATIC OILS

Relaxing body massage

A deep massage with warm aromatic oils, combining slow fluid movements to rediscover a wonderful feeling of well-being.

€ 160 per person – 50 minutes

## PLANTAR REFLEXOLOGY

Massage and digitopressure

Acts on the nerve points to benefit the entire body.

€ 90 per person – 25 minutes

## ROYAL RITUAL

Emotive wellness experience

In an extraordinary candlelit atmosphere, savonnage with black soap in the hammam and scrub with alum powder and perfumed creams. Couple's massage with aromatic oils for a feeling of wonderful well-being. Finally, a *fillette* of champagne in the intimacy of the pool's gilded alcove by the soft light of the fireplace.

€ 600 for 2 persons – 2 hours 30 minutes

## SUBLIME FACE

Revitalising facial massage

Long facial massage with application of sublime masks and serums to help restore elasticity, leaving the skin nourished and radiant. Ideal for her, but also for him.

€ 180 per person – 1 hour

## NATURAL IMMEDIATE EFFECT BIO LIFTING

Massage with manual sculpting techniques Face, décolleté and shoulders. The massage activates a biological cell rejuvenation process, increasing collagen and elastin production for an amazing result.

€ 250 per person – 1 hour 30 minutes

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