



Wellness Centre

Relais de Charme Tabiano Castello

To get more information about treatment and massage
or to make a reservation dial 0039 3404849570 or 0039 0524881168.

From your hotel room, you can contact Wellness Centre
calling 152 or Reception calling 9.



Massage

Borgo Antico massage | Oil massage with lavender oil, typical product of this area. Relaxing and anti-stress features and effects in positive way respiratory system.

Castello massage | Twosome romantic massage: delicately and balancing rose for her, aphrodisiac sandalwood for him.

Face, neck and skull massage | Specific massage based on traditional techniques to relax and stretch face, neck and skull muscles.

Lymphatic drainage | An effective in-depth massage to encourage blood circulation and lymph flow. Recommended to prevent and contrast cellulite and to drain the lymphatic fluids.

Ayurvedic massage (only 55 minutes and one at a time) | A complete body care and relaxing Indian massage. Recommended for spiritual balance and body beauty.

Foot massage | Feet are a mirror of our whole body. A deep massage to stimulate the full body through certain points on the sole of the foot connected to the corresponding area of the body, can be restored the energetic balance.

Decontracturing | A holiday is the perfect opportunity to devote some time to yourself. This special massage literally strokes the stress out of the body, creating space for fresh energy and a feeling of harmony and wellbeing. Recommended to loosen neck and back muscles working deeply on the muscles in order to stretch, tone and cancel tension.



Body treatment (30')

Epsom salt scrub | A treatment to renew and care tired muscles. Pure magnesium sulphate helps to detox and to reduce water retention relieving pain and heavy legs sensation.

Lightweight leg treatment | Recommended for capillaries protection and swelling relieve. A light tone up massage with Hamamelis, red grapevine and aloe 20% gel combined with a Guaranà, Centella and Betula Alba drain soaked bandage application.






Body treatment (45')

Abdomen treatment | Recommended for heaviness and swelling feeling relieve. Starting with a detox green clay compress and continuing with delicate lemon balm oil massage, ending with fennel infusion.

Mud paint leg treatment | Drain Dead Sea mud application and laying to diminish fat deposit and contrast cellulite blemish combined with a Sea oak, ivy and vitamin E oil massage to lightweight your legs. It leaves a sensation of lightness and wellbeing.

Feet holistic treatment | A deeply enjoyable experience, a suggestive treatment dedicated to rediscover our roots. The treatment starts with Epsom salts and refreshing essential oils footbath. Continues with a thyme cream, lemon, lavender and mint face pack useful to remove cracks and hardness in a fresh and natural way. Ends with a wonderful foot massage.






Our spa program (60')

Via del sale | A deep cleaning wellness program. The full ritual comprises a flavoured Turkish bath useful to open your skin pores and detoxify the whole body followed by Epsom salts bath to cleanse and revitalize your skin. Relaxing massage ends the program.

Via dell'oriente | Inspired by millennial oriental disciplines. Starting with a relaxing footbath enriched with salts and essential oils. Continuing with facial and head massage. Ending with a plantar or relaxing massage.

Via della seta | Recommended for skin toning. Begins with a rose water nebulization. Continues with a whole body dry glove exfoliation to renew your skin and stimulate circulation. Ends with a clay facial mask combined with a 40 minutes essential oils body compress to drain tone and detoxify skin.

Via del pavone | Ideal program for relaxation and for a skin as soft as velvet. Relax your body with a 30 minutes lavender massage to properly nourish your skin. A facial care treatment with a smoothing facial mask followed by a karité oil facial massage.






Special package (90')

Pain relief treatment | Specifically recommended to prevent and relief muscle tension. The treatment consists in rubbing the whole body with Epsom salts diluted in warm water to increase skin receptivity. Follows a localized application of green clay and de-contracting Devil's Claw cream massage.

Anti-cellulite treatment | It consists on a specific treatment useful to contrast cellulite. Starts with a sea salt scrub followed by a Dead Sea mud treatment. The effects of the body pack can be intensified when associated to a circulatory massage with draining action.

Body and face treatment | A revitalising 45 minutes facial treatment with a BIO Argan oil, vitamin E and bisabololo mask. Ends with a 45 minutes mandarin orange massage appropriate also for sensitive skin.



Facial treatment

Facial care and treatments for your special needs recommended both for woman and for man. Individual and unique creams and masks - just like you.

30 minutes treatment | Cleansing. Specific facial mask application. 5 minutes karité oil facial massage.

45 minutes treatment | Cleansing. Facial gommage with moisturising and rejuvenating properties leaving your skin radiant and elastic. Specific facial mask application. It ends with a 10 minutes karité oil facial massage.

60 minutes treatment | Cleansing. Facial gommage with moisturising and rejuvenating properties leaving your skin radiant and elastic. Hyaluronic filler facial mask serum application with effective anti-aging treatment with immediately visible results. 15 minutes facial massage with a specific cream for your skin.

Our facial masks

- ☞ Bio-Cosmetic facial mask for a natural approach to gentle skin without chemical preservatives and with pure Bio Argan oil, Vitamin E and bisabololo specifically recommended for normal skin.
- ☞ Facial mask for dry and sensitive skin with syn ake, Vitamin A and collagen.
- ☞ Facial mask for fat skin with aloe vera, bisabololo and collagen.
- ☞ Facial mask with hyaluronic filler.
- ☞ Facial mask anti-aging with stem apple cells and quick lift.
- ☞ Facial mask anti-aging with goji berries.

Our facial creams

- ☞ Facial cream for dry and sensitive skin with syn ake, vitamin E and vitamin A.

- ☞ Bio-Cosmetic facial cream with pure Argan oil, vitamin E and vitamin A for a natural approach to gentle skin without chemical.
- ☞ Facial cream with stem apple cells and vitamin E.
- ☞ Facial cream anti-aging with goji berries.
- ☞ Facial cream with coenzyme Q10, vitamin E and pepha tigh.



Price list

Wellness centre | Turn your vacation into the beginning of a new path in life and achieve the right balance physically, mentally and emotionally. Our exclusive spa includes 2 hours of pure relax with Turkish bath in a natural cave, Finnish sauna, emotional shower, Jacuzzi and herbal tea relax area. Ask for towel, slippers, bath foam and shampoo to our masseur.

Duration: 2 hours, **Price** 20,00 euro per person. We suggest you to reserve your entrance to the SPA in advance. Extra towels 2,00 euro.

We kindly suggest to switch off your mobile phone and not to talk loud. It is not permitted to take alcohol at the wellness centre.

Giardino Segreto | A small, private and romantic SPA with Finnish sauna and Jacuzzi to chill-out near the bastion which dates back to the twelfth century surrounded by the wonderful hills of Tabiano.

Romantic Package | Includes 4 hours relax, a romantic aperitif served with a fresh fruit basket, seasonal flowers, and 1 25 minutes massage per person. (Price: 300,00 euro for couple).

Massages

🌀 45,00 euro per person 25 minutes

🌀 60,00 euro per person 45 minutes

🌀 70,00 euro per person 55 minutes

Body treatment

🌀 50,00 euro per person 30 minutes

🌀 65,00 euro per person 45 minutes

Facial treatment

💧 50,00 euro per person 30 minutes

💧 65,00 euro per person 45 minutes

💧 75,00 euro per person 60 minutes

Our spa program

💧 80,00 euro per person 60 minutes

Special package

💧 110,00 euro per person 90 minutes

Special offer

💧 Get 1 free 45 minutes massage each 10 treatments

💧 Get 1 free product each 6 treatments

We are at your disposal from 9.30 a.m. to 7.30 p.m. daily. Entrance only permitted over 18 years old.

We want our treatments to be just right for you. Tell us what your wishes and expectations are, and we will be pleased to offer counselling. Be sure to inform us of any problems like high blood pressure, heart disorders etc. or pregnancy.

Come to your treatment five minutes earlier and enjoy a cup of tea for a relaxed start to your feel-good programme. If you have to change or cancel your appointment, please do so 24 hours prior to the appointment at the latest.

Otherwise you will be charged for the treatment.

... and furthermore

Ritual of purification and wellbeing (90 minutes 110,00 euro) | During the first part of the treatment we will take care of you with a 30' coconut base exfoliating massage, followed by a candle massage for a new feeling of well-being, to relax body and mind.

Candle massage (55 minutes 70,00 euro) | The very gentle yet revitalizing massage combined with the use of the oil produced from the melting 'candle', is for anyone with the desire to experience a new feeling of well-being. At the end of the treatment your skin will be smooth and moisturized, with a sense of relax that persists over time. At the end of the treatment your skin will be smooth and moisturized, with a sense of relax that persists over time.

Coconut base exfoliating treatment (30 minutes 50,00 euro) | A decidedly very fragrant summer gommage; with honey, brown sugar and coconut flour flavored with vanilla. Moisturizes and smooths the skin, indicated for both before and after sun exposure.

Ritual cleansing and detox (45 minutes 65,00 euro) | a ritual specific for a face with impure skin using the famous black mask which removes impurities, skin and blackheads favouring cell renewal. Your skin will look young and radiant thanks to this ritual moisturizing, revitalizing and detoxifying properties.

Treatment steps: cleansing, goji berries gommage, face and neck wrap with chamomile extracts, black mask, final coating with hyaluronic acid unguent.

Anti-cellulite massage (25 minutes 45,00 euro, 45 minutes 60,00 euro, 55 minutes 70,00 euro) | This circulatory anti-cellulite massage targets tissues with the end game to facilitate blood and lymphatic circulation. It assists the removal of excess fluids, directed then towards the kidneys. Oil specific for cellulite treatments will be used in the massage.



To detox...

Detox treatment (90 minutes 110,00 euro) | This is a complete beauty treatment to transform your skin in silk, to eliminate toxins and excess fluids by combining a sea salt scrub and mud coating all over the body. The final massage ensures absolute moment of relaxation. In conclusion a detox smoothie will be served.

Detox body treatment (60 minutes 80.00 euros) | A detox treatment of 60 minutes based on mud wrapping with active detoxifying and draining properties that together with the full body massage guarantee a draining and slimming effect. In conclusion a detox smoothie will be served.

Detox smoothies ingredients | 1. Watermelon, strawberries, lime and ginger | 2. Banana with spinach | 3. Orange, peach, apple and lemon | 4. Pineapple, spinach and coconut water | 5. Carrots, celery, orange and lemon | 6. Apple, orange, carrots, strawberries, ginger and mint.

