



HOTEL BRAMANTE

T O D I

Wellness & SPA

The relaxation you deserve

Opening hours: 10–19

Accessible only by **reservation**, at Reception desk.

Rent your Kit SPA: bathrobe & slippers
€10 per guest

Entry: €20 per guest (free with Deluxe room or higher categories)

Wellness & SPA

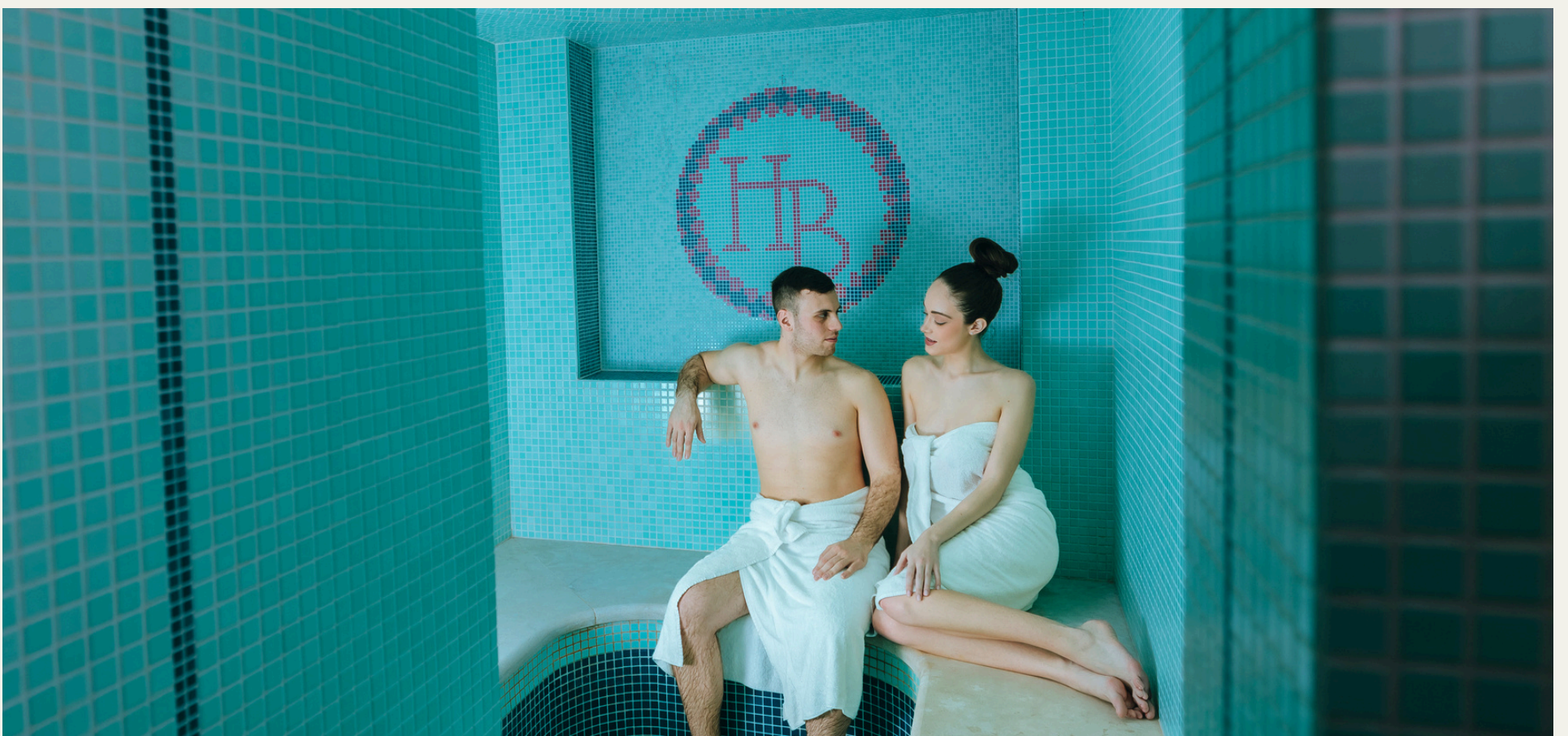
Biosauna

Our Biosauna provides enveloping warmth that promotes skin perspiration and circulation, eliminating toxins and dead cells for softer, brighter skin.



Turkish Bath

The hydrotherapy treatment, with temperatures up to 45°C and humidity at 100%, promotes lymphatic and blood circulation for radiant skin and an optimal sense of well-being.



Wellness & SPA

Hydromassage Pool

The hot water and massaging jets of our hydromassage pool alleviate stress and muscle pain, enhancing blood circulation for complete well-being.



Massages & Treatments

Our Spa treatments are tailored to each individual's needs, offering a wide range of innovative or traditional rituals.



Massages & Treatments

RELAXING MASSAGE 50 min. €70

The purpose of this massage is to restore the body to a state of psychophysical balance and general well-being.

AYURVEDIC MASSAGE 50 min. €70

An ancient Indian practice originating from Ayurvedic medicine, aimed at rebalancing the mind and body.

DRAINING MASSAGE 50 min. €70

Gentle maneuvers and light movements that allow better lymph circulation, promoting drainage and restoring feelings of lightness to the entire body.

DECONTRACTING MASSAGE 50 min. €70

The massage is particularly focused on the back, lumbar area, and legs. The aim is to release muscle contractions by easing tensions.

ANTI-CELLULITE MASSAGE 45 min. €70

Specific movements that restore proper blood and lymphatic circulation, revitalizing and oxygenating the skin's connective tissue.

MASSAGE WITH ESSENTIAL OILS 50 min. €80

A gentle and relaxing massage, performed with slow movements and strokes to allow the essences to penetrate through the pores.

Massages & Treatments

CANDLE MASSAGE 50 min. €80

A modern massage technique that induces relaxation through warmth. Shea butter enriched with sweet fragrances helps melt away tension, leaving the skin feeling soft and hydrated.

SPORTS MASSAGE 50 min. €70

Massage that targets the nervous and muscular systems, rebalancing tissues and stimulating microcirculation.

SCRUB WITH HIMALAYAN PINK SALT 30 min. €50

Massage that promotes exfoliation, giving the skin a brighter appearance. Additionally, salt has draining and shaping properties.

FACE-NECK-DÉCOLLETÉ MASSAGE 35 min. €40

Stimulates circulation and oxygenation, restoring elasticity to the skin.

FOOT REFLEXOLOGY 40 min. €70

An excellent natural remedy that restores the body's energy balance through stimulation and pressure on reflex points on the feet, with the ultimate goal of benefiting corresponding areas.

REIKI TREATMENT 50 min. €80

A Japanese-origin treatment that doesn't involve manipulation but rather the simple placement of hands to channel and rebalance the patient's physical, emotional, and mental energies.