

WELLNESS

Hot basaltic or volcanic stone massage

The therapeutic action of this massage is through basaltic or volcanic stones that slowly release heat.

60 min € 110.00

Lymphatic drainage leg massage

It is based on slow and gentle movements, performed in the direction of lymphatic circulation with variations in pressure. It is used to eliminate swelling, edema and cellulite.

45 min € 140.00

Oriental massage

It is based on Shatsu techniques to stimulate energy flow along the meridians. This includes foot reflexology, energy channelling, use of essential oils and conscious yogic breathing.

60 min € 180.00

Toning detoxifying body massage

It produces smoother and healthier skin by removing dead skin cells, stimulating pores, improving nutrient absorption, elasticity and skin comfort.

45 min € 90,00

Relaxing anti-stress massage

It is an excellent way to leave behind fatigue and the stresses of the daily grind. It is a kind of treatment designed to help the body and mind release tensions accumulated in everyday life.

60 min € 100,00

Total body massage

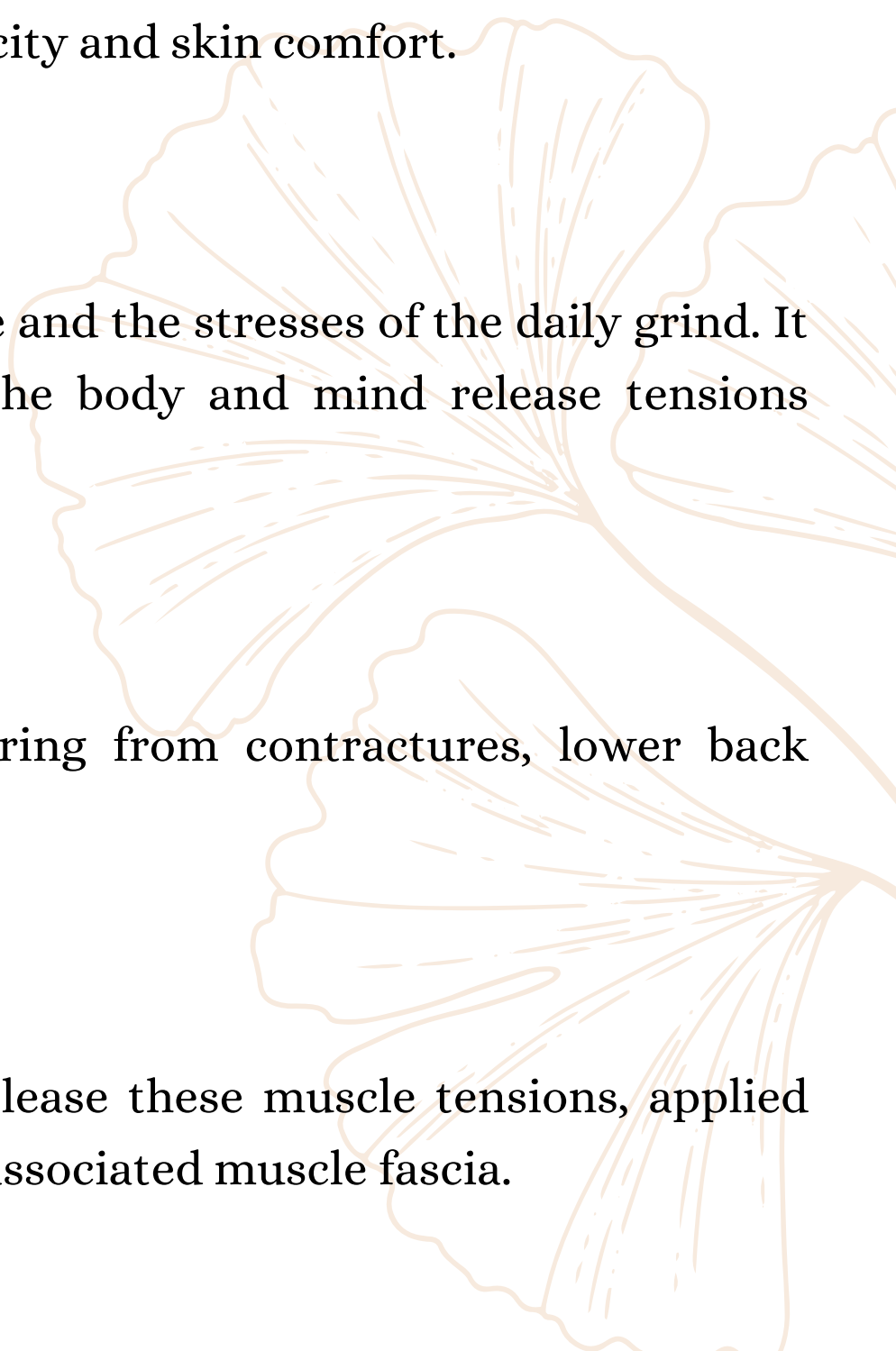
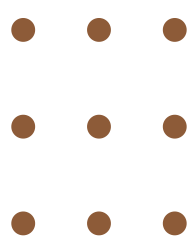
It is specifically suitable for people suffering from contractures, lower back problems and stress.

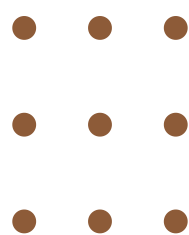
60 min € 150,00

Back decontracting massage

Various massage techniques are used to release these muscle tensions, applied both on the specific contracture and on the associated muscle fascia.

45 min € 95,00





Candle massage

Total body massage which involves the use of aromatic candles that generate a warm oil. It combines the benefits of an intense relaxing massage with deep hydration of the skin.

60 min €110.00



Moisturising massage

The operator uses a special handpiece that favour the absorption of the creams used on the skin and connective tissue, giving elasticity and tone to the tissue itself.

60 min € 130,00

Relaxing circulatory massage

Its aim is to increase lymphatic and blood circulation with consequent decongestion and elimination of toxins.

50 min € 120,00

Hawaian lomi lomi massage

The massage has manipulations with various oils that simulate being rocked by the waves of the sea combined with breathing techniques and energy restoration; they have a soothing effect on the body.

60 min € 130,00

Bach Flower Massage

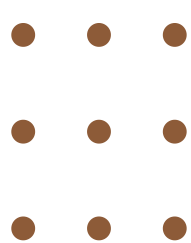
A deeply energy-releasing massage. It is a very pleasant and gentle massage, yet at the same time, it is also an effective and refined method of overall rebalancing, working on the emotional, mental, and physical levels.

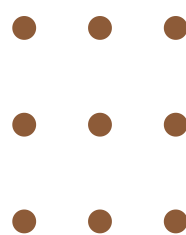
50 min € 130.00

Kobido treatment

An ancient Japanese massage technique, it blends together different massage techniques such as those traditionally used to treat deep muscles or even superficial acupressure touches.

45 min € 90,00





Bamboo massage

It acts in depth using Bamboo cane draining and toning eliminates toxins water retention.

45 min € 100,00

Tibetan ku nie massage

Ancient massage of traditional Tibetan medicine using essential oils acts through meridians and acupuncture points, helping to regain psychophysical well-being.

60 min € 130,00

Sweden massage

Decontracting effect, serves to release tension and relaxes the muscles.

45 min € 100,00

Anti-aging facial massage

gives the skin elasticity, promotes the absorption of small wrinkles and has a lymph-draining effect.

30 min € 90,00

Myofascial massage

works deep into the muscle strips and connective tissue.

45 min € 100,00

Foot reflexology

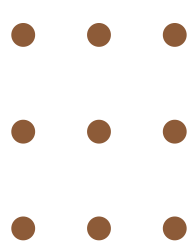
Chinese foot massage technique from which every part of the body corresponds. It is a relaxing detoxifying and pain-relieving treatment.

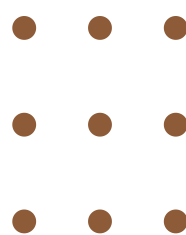
30 min € 90,00

Balinese Massage

Starts with slow and elegant movements using warm, scented oil. The skilled hands explore every tension in the body, loosening muscle knots and inducing a profound sense of relaxation. The movements are fluid and harmonious.

50 min € 130.00





Ginger Butter Massage

Reactivates circulation and promotes the elimination of excess water from the body.

45 min € 90.00

Chocolate Massage

This massage has nourishing and protective powers. The result is softer, more nourished skin.

60 min € 120.00

Taoist Happy Belly Massage

The therapist decodes the language of the belly to bring happiness, focusing on the organs that need it the most. Through five phases—water, fire, earth, metal, and wood—the body is set free.

45 min € 100.00

Himalayan Salt Massage

Promotes relaxation and stimulates a sense of well-being.

45 min € 100.00

Aromatic Herbs Massage (Lavender, Rosemary, Sage, Mint)

Works deeply by releasing the soothing properties of the herbs.

45 min € 100.00

