



ARA MARIS

*“a sanctuary
of refinement
& well-being”*

* Any confirmed reservations should be canceled at least 24 hours in advance, in case of non compliance a 30% of the amount will be charged.

* Le prenotazioni confermate devono essere cancellate almeno 24 ore prima; in caso di mancato rispetto verrà addebitato il 30% dell'importo.

THALIA

SPA

MASSAGES / MASSAGGI

Deep Tissue Massage

This deeply restorative treatment is specifically designed for tense and aching muscles. It will warm the muscles and help disperse the build-up of lactic acid that causes stiffness and pain.

(50 - 70 - 90 minutes)

Relax Massage

Alleviates nervous tension by stimulating endorphins that soothe the mind and body.

(50 - 70 - 90 minutes)

Lemon Massage

This treatment invigorates and perfumes the skin using a scented oil obtained from the citrus fruits of the Sorrento Peninsula.

(50 minutes)

Lomi Lomi

Inspired by the flowing of sea waves, it rebalances both body and mind.

(50 - 70 - 90 minutes)

Ayurvedic Massage

Rediscover the balance between body and mind with this ancient Indian technique that helps to reduce stress and improves the quality of sleep.

(75 minutes)

Hot Stone Massage

Deep massage with hot stones on chakras that eases muscle stiffness and increases circulation and metabolism.

(50 - 70 - 90 minutes)

Lymph Drainage Vodder Massage

Improves venous and lymphatic circulation by draining excess fluids.

(50 - 70 - 90 minutes)

Chocolate Massage

The cocoa stimulates wellness hormones, being a major source of euphoria when applied to the skin.

(50 - 70 - 90 minutes)

Candle Massage

Enjoy the sweet flow of fragrant oils from candles in this relaxing massage.

(50 - 70 - 90 minutes)

Back & Neck

Focused relief for stressed head, neck, shoulders and back muscles.

(50 minutes)

FACIAL TREATMENTS

Facial Deep Cleansing with Ultrasound

Hydrating treatment that gives the face a fresh, compact and toned appearance.

(50 minutes)

Silk Pearls

Filling treatment for face, neck and décolleté with hyaluronic acid and collagen.

(50 minutes)

BODY TREATMENTS

Total Body Ritual Scrub

Renews the skin, making it bright and velvety, paired with a hydrating massage.

(50 minutes)

SPECIAL OFFERS

Couple's Massage: Enjoy 10% discount on our couple's massage.

Second Massage: Receive 10% discount on your second massage.

Please note: These promotions cannot be combined.

THE SPA