



Private SPA & the benefits of massages



PERUGIA PLAZA WELLNESS

PRIVATE SPA
with Sauna, Turkish bath,
ionizing shower e relax beds
(1 hour) - € 30,00 per pers.

TRADITIONAL MASSAGE
Decontracting massage
50 mins € 80.00 - 25 mins € 60.00

The benefits

- HEALTHIER AND BRIGHTER SKIN
- RELAXATION
- RELAXATION OF MUSCLE TENSION
- LYMPHATIC STIMULATION
- DECREASED STRESS
- ELIMINATION OF EMOTIONAL AND ENERGETIC BLOCKS
- IMPROVED DIGESTION AND BREATHING

